

## LOYOLA UNIVERSITY CHICAGO EYE WASH STATION USE INSTRUCTIONS

The first few seconds after exposure of a hazardous chemical in your eyes are crucial. Go directly to the nearest emergency eye wash station since a delay in treatment may result in permanent eye damage.

### Once you reach the eye wash station, follow these important steps:

- **Push the level.** The eyewash unit will activate with one single motion. The dust cover will pop off and the flushing fluid will start to flow from the faucet heads.
- **Begin to flush your eyes.** Position your eyes directly in the stream of the fluid right away.
- **Hold your eyes open using your fingers.** Eyewash stations are typically hands-free. Keep your eyes open by holding your eyelids apart with your fingers.
- **Roll your eyes.** Look left, then right, then up and down to ensure that the fluid flushes all areas of your eyes.
- **Continue flushing for 15 minutes.**
- **Remove your contacts.** If the individual is wearing contact lens, they must be removed so the chemical is not trapped in your eyes. Hold your head so that the affected eye is at the lowest point to prevent the contamination from flowing from one eye into the other. Direct the flow from the inner corner of the eye to the outer corner. Hold your eyelid open to allow the eyewash solution to flow across your eye. Look up, down, and from side to side while flushing to ensure that you allow the eyewash solution to remove any contaminants trapped under the eyelids.
- **Seek immediate medical attention.** Once the flushing is finished, see a doctor to see if anything more needs to be done to preserve your vision.

